



CANADIAN ITALIAN BUSINESS AND PROFESSIONAL ASSOCIATION OF THUNDER BAY

CIBPA Chronicles

VOLUME 14
ISSUE 1

Inside This Issue

- 2** President's
Message
CIBPA Calendar
- 3** Contact Info
Board of Directors
New Members
Members in the
News
- 4** Bocce 2006
- 5** Curling 2007
- 6** Ray Williamson's
Thoughts
Recipe's
Technology Tips
- 7** Sponsorship Policy
Members Fees

RSVP
Silvio Di Gregorio
Tel. 623-1855
Fax 623-0360

Admission
Members - No Charge
Non-Members - \$50.00

Spring 2007 CIBPA Dinner Thursday, May 10th

6:00pm Networking - 7:00pm Dinner
Whitewater Golf Club



MetalCORP Limited is a Canadian junior resource company with offices in Toronto and Thunder Bay, Ontario, whose shares trade on the TSX Venture Exchange under the symbol MTC. The company is actively exploring for base and precious metals throughout the Canadian Shield, which remains one of the most prolific mineral districts on earth.

MetalCORP's strategy for growth is to identify early stage mineral properties that can be enhanced by exploration and discovery. Their entrepreneurial spirit in research and acquisition allows them to seek project opportunities that meet market demand. The company will continuously build on its management team and portfolio of projects to increase shareholder wealth.

After arranging \$15.5 million in financing, MetalCORP is prepared to accelerate its drilling program. Sources from the company say 2007 will be their most active year since the company was formed in 2003.

Speaking to us on behalf of MetalCORP will be Mr. Daniel Courtney, Director of Investor Relations. He will be discussing some the exciting results the company has been experiencing as well as its plans for the near future.



Reservations
Tables of 8 can be purchased and reserved in advance.



Tickets
Contact any board member.



President's Message

The last two years have been extremely rewarding and satisfying for me as president of the CIBPA. I am proud to be a part of a Board of Directors that has moved our organization forward on many fronts to secure a strong and viable future. I wish continued success to the new Board to be elected by May 15, 2007.



Sonny Costanzo
CIBPA President
2005 - 2007

We have recently formalized our sponsorship policies as included in this newsletter and I am thrilled to announce that we have two sponsors at the Diamante Level. RBC Royal Bank and the Gran Sasso Club, who have been long term supporters of the CIBPA, have generously provided us with significant contributions that will ensure our long term financial stability. Their support is immense and will ensure that we can continue to fulfill our mandate for many years to come.

I would like to sincerely thank the Board members and all the volunteers for their hard work and commitment organizing this past year's events. Thank you also to those individuals and organizations who donated prizes and provided financial support and a special thank you to all of our members and their guests for their interest and participation.

I am confident that the upcoming year will build upon the success of previous years. Our golf tournament will be held at Whitewater Golf Club on July 12, 2007. As dates are confirmed for future events they will be immediately posted on our website at www.cibpa.com. Our bi-annual newsletters and our event mail outs will also continue to keep you informed.

The spring dinner will be held on May 10th at the Whitewater Golf Club. I am delighted to announce that Daniel Courtney, Director of Investor Relations, Metalcorp Limited, will be our guest speaker. Metalcorp Limited is a public mining company with an extremely bright future. It is based out of Thunder Bay with roots in Northwestern Ontario. I'm sure we are all anxious to hear Daniel Courtney's presentation.

As a member, your complimentary ticket is attached to this newsletter. I encourage all members to attend and remind you that non-members are most welcome. Additional tickets are available from any Board member.

I am certain that you will find the evening informative and as always you will enjoy the camaraderie and friendly atmosphere. I look forward to seeing you all there.

Sincerely,
Sonny Costanzo

CALENDAR

Spring Dinner

May 10, 2007
Whitewater Golf Club

Golf Tournament

July 12, 2007
Whitewater Golf Club

Fall Dinner

Oct 4, 2007
Valhalla Inn

Bocce Tournament

Nov 2007
Da Vinci Centre

CIBPA

Past Presidents

- 1993 – 1994
Daniel Bellin
- 1994 – 1995
Silvio Di Gregorio
- 1995 – 1997
Mimmo Gallo
- 1997 – 1999
Frank Mirabelli
- 1999 – 2001
Peter Niccoli
- 2001 – 2003
Renato Pullia
- 2003 – 2005
Saverio Prete

"Meglio un giorno da leone che cento da pecora"

Better one day as a lion than a hundred as a sheep



HOME DISASTERS & RENOVATIONS

Emergency Service Specialists
24/7/365
Lifetime Warranty

Fire

Flood

Wind

Home Renovations

Sewer Backup

FIRST GENERAL SERVICES

24/7/365 Emergency Response
Contact Frank Mirabelli at 807.623.1276
www.firstgeneral.ca
Insurance Company Preferred



**CANADIAN ITALIAN
BUSINESS AND
PROFESSIONAL
ASSOCIATION OF
THUNDER BAY**

665 Hewitson St.
Thunder Bay, ON
P7B 5V5

Tel. (807) 623-1855
Fax (807) 623-0360

Email:
contact@cibpa.com

Web: www.cibpa.com

Canadians of Italian
heritage building
business and
professional networks
across Canada.

*The CIBPA brings
people together in an
atmosphere that
encourages the
development of
business contacts
while strengthening
cultural awareness.*

ADVERTISING

If you would like to
place an ad in this
newsletter, or on our
website, or add a link
from our website...
Contact Joe Daniele
at 343-4490

*Edited and produced
by CIBPA Board of
Directors*

Members in the News

Congratulations to fellow member **Mario Caccamo** who was recently recognized by Bill Mauro MPP for 45 years of radio broadcasting in Thunder Bay. His program, The Italian Musical Panorama has evolved since it first aired in 1961 but continues to entertain all of us on CKPR at 8:00 a.m. Sunday mornings.

Congratulations to fellow member **Aldo Ruberto** on his successful election as Councillor At Large for the City of Thunder Bay.

Congratulations to fellow member **Frank Pullia** on his successful election as Councillor At Large for the City of Thunder Bay.

Congratulations to fellow member **Joe Virdiramo** on his successful election as Councillor Westfort Ward for the City of Thunder Bay.

Congratulations to fellow member **Don Lovisa** who has accepted the position of Vice President Academic at Durham College, beginning July 1, 2007.

Congratulations to fellow member **Sergio Buonocore** for his leadership at the Fort William Historical Park. Rock the Fort has won national recognition for achievement in Canada's tourism industry. The three-day music festival staged by Fort William Historical Park (FWHP) has received the prestigious Canadian National Event of the Year award from the Tourism Industry Association of Canada (TIAC) and the Globe and Mail. Rock the Fort has already received the award for Best Event of the Year in the province of Ontario from the Tourism Federation of Ontario in Toronto.

The Fort William Historical Park was also the recipient of the Ambassador Award. This award was received April 2007 at the Valhalla Inn during the Thunder Bay Chamber of Commerce Business Awards gala. The Ambassador Award sponsored by Grant Thornton is presented to a business or association who exemplifies the "Spirit of Thunder Bay" and is an enthusiastic promoter of community projects.



**Sergio Buonocore and Barry Smith CEO
of the Metro Toronto Convention Centre**

Submissions

CIBPA Chronicles welcomes member articles for inclusion in future issues. Articles should be relevant to member interests and the Italian Canadian community. Please forward submissions to **contact@cibpa.com**

2005 - 2007 Board of Directors

Sonny Costanzo
President
344-2080

Mark Piovesana
Vice President
626-5187

Franco Crupi
Treasurer
346-7000

Joe Daniele
Secretary
343-4490

Saverio Prete
Past President
343-1845

Anthony Bergamo
Membership Chair
684-8306

Silvio DiGregorio
Director
623-1855

Mimmo Gallo
Director
346-8543

Peter Niccoli
Director
345-8825

Shirlee Bayda-Clace
Director
343-1435

Frank Mirabelli
Director
623-1276

New Members

Jim Glenna
(Thunder Bay Police)

Giovanni Gallo
(Marostica Motors)

Joe Brescia
(Lakehead Roofing)

Dan Filice
(Lakehead Roofing)

Joseph Virdiramo
(City Councillor)

Frank Fabiano
(Grant Thornton)

Bocce Tournament 2006 Getting It Close! by Saverio Prete

Bocce Ball is a sport where perfection is not a prerequisite and getting it close is good enough. For more than a century Bocce Ball has been a national pastime for Italians of all ages.

CIBPA is pleased to continue hosting this tradition annually at one of our city's finest Italian establishments, the Da Vinci Centre. The food and camaraderie was true to Italian style – delicious food in abundance and great people to share it with.

We are grateful to those who participated and to our many sponsors. We thank you for participating and hope to see you all back for next year's Bocce Ball event.

Special congratulations to this years winning team:

Frank Pontisso, Millie Gormely, Mike Whistle, and Dawn-Marie Bernardi

Bocce Donations & Prizes

ROB ZUBACK	ALUMNI ASSOCIATION OF LAKEHEAD UNIVERSITY
JOE CHIDO	BDO DUNWOODY
CLIFF FRIESEN	BEARSKIN AIRLINES
SILVIO DI GREGORIO	BRUNO'S CONTRACTING
DR FRANK MAURO	DR. FRANK MAURO
FRANK MIRABELLI	FIRST GENERAL SERVICES TCI
PETER NICCOLI	HERTZ RENTAL
PETER PROVENZANO	NOR-SHORE READY MIX
	CONCRETE PRODUCTS LIMITED
ROB FRATTAROLI	NOVA PRO INDUSTRIAL SUPPLY
LISA WYCHOPIN	PMA GRAN MARNIER
ANTHONY BERGAMO	RBC COMMERCIAL BANKING
SAVERIO PRETE	RBC ROYAL BANK
MARK PIOVESANA	SCOTIA MCLEOD
ALDO RUBERTO	SHEAR HEAVEN AND YOU
EDWARD MEIJER	VALHALLA INN
ROB LAROQUE	WHITewater GOLF CLUB
ROB CIANFAGNA	WINMAR
PETER Buset	Buset & SARVAS
CHARLIE IHANTOLA	LAURENTIAN FINANCIAL;
PETER PULLIA	VICTORIALVILLE HAIR DESIGN AND AESTHETICS

What does FIAT stand for?

Fix It Again Tony!



SUNSET MEMORIAL GARDENS & CREMATORIUM

*Planning Today For Tomorrow
Programmare Oggi Per Il Domani*



**D. Francesco Pedulla
Family Counsellor**

*Per consulenze e informazioni gratuite
chiamatemi al 473-7680*



**Franco Crupi, Steven W. Mahoney, Sonny Costanzo
Oct 26, 2006**

Last Fall, CIBPA members were able to meet The Honorable Steven W. Mahoney, P.C. Chair of the Workplace Safety and Insurance Board (WSIB). The reception was held at the Whitewater Golf Club.

Curling Fun Spiel 2007 by Peter Niccoli, Shirlee Bayda-Clace



One of our more popular events of the year, was once again, a resounding success. Almost 50 curlers took to the ice for a great day of fun and cheer. Despite the fact that Silvio and Pino (we won't use last names) were not in attendance, much was still consumed. In fact, after a few bubblys, few noticed that they weren't actually there.

Congratulations to the "A Side" Winners - Team # 8, made up of **Frank Niccoli, Rick Burnell, Tina Kavalchuk, and Tammy Wark** who unseated the reigning 2006 champs, the Simperl Rink. It was an exciting final game that saw Team # 12, **Carol Hacquoil, Domenic Vita, Sandy Nucci and Mike Whistle** defeated in a close game for the 2007 Title and kept audiences glued to the glass (beer glass, that is).

The "B-Side" Final Game saw Team # 7 – **John Simperl, Joe DeSousa, Cosimo Veneziale and Shirlee Bayda-Clace** (the over 40 club) defeat Team # 3 – **Peter Provenzano, Rudy Ruberto, Matt Veltri and Jeff Jones** (the over 20 club) in another close match-up despite the couple of decades in years difference.

The fun spiel wrapped up with Ling Lee's wonderful Chinese buffet in the evening followed by a generous prize table. Many thanks go out to all of the participants, and in particular, our corporate sponsors that faithfully contribute to the success of this event, year after year. We look forward to seeing you all again, next year!



2007 Winners - Frank Niccoli, Rick Burnell, Tammy Wark, Tina Kavalchuk.

Curling Donations & Prizes

DEMETRI GEORGIU	TROW ENGINEERING
FRANK MIRABELLI	FIRST GENERAL SERVICES
PETER PULLIA	VICTORIAVILLE HAIR & ESTHETICS
LUCIO COPPOLA	THE PICTURE STORE
EDWARD MEIJER	THE VALHALLA INN
FRANCO CRUPI	CRUPI CONSULTING
RAY WILLIAMSON	DOMINION CONSTRUCTION
CLIFF FRIESEN	BEARSKIN AIRLINES
GEORGE CAVA	MOLSON CANADA
MARK PIOVESANA	SCOTIA MACLEOD
COSMO VENEZIALE	RAINBOW REALTY
MIKE DOLCETTI	RBC ROYAL BANK
PINO AMENDOLA	SIX STAR CLEANING SERVICE
PETER PROVENZANO	NOR-SHORE READY MIX CONCRETE
TULLIO PROVENZANO	T&T AUTO
LES SCRIMSHAW	TEAM 100 REALTY
PETER NICCOLI	HERTZ EQUIPMENT
SHIRLEE BAYDA-CLACE	BMO BANK OF MONTREAL



THE LEADER

IN TOOLS, EQUIPMENT AND AERIAL WORK PLATFORMS
ACROSS NORTHERN
AND NORTHWESTERN ONTARIO

Hertz
Equipment Rental

1234 Amber Drive
Thunder Bay, Ont
P7B 6M5
ph (807) 345-8825
fax (807) 344-0320

**"Leave the gun. Take the cannoli."
Clemenza to Rocco - Godfather 1972**

1-888-777-2700

www.hertzequip.com

Here Are My Thoughts *by Ray Williamson*



In Northern Ontario, and specifically in Thunder Bay, there are a lot of problems associated with people and companies leaving the area due to the uncertain economic future. Thunder Bay is experiencing the worst construction in housing in all of its history. The Housing Industry does not create economic growth but responds to the demands of growth. People leaving our area is a result of the lack of permanent good paying jobs, and they have no confidence that jobs will ever be available in the North. Two thirds of the Canadian economy is based on consumer confidence and we sorely lack that confidence in Thunder Bay and surrounding areas.

Our forestry industries are not thriving as evidenced by layoffs and is facing many challenges. The forestry industry is tired and exhausted and it is no longer a stable force in our community. With this lack of future certainty, many businesses are not taking risks and not investing in our future. This then feeds into the lack of stability in our area, and decreases further our confidence in maintaining our current lifestyles. Thunder Bay serves many purposes for the majority of small communities from the Manitoba Border to Sault Ste. Marie and many Northern First Nations Communities. It is an extremely large geographic area and as our community here in Thunder Bay weakens, so does our support for the Regional areas. This impacts many more people than the citizens of Thunder Bay.

We need economic engines in our community to inspire confidence, growth and sustainability in our community. The City is working diligently to overcome these challenges, and is trying to implement new economic forces i.e. Medical school, the new Regional Hospital and the Biotechnical Industry starting in our area.

Ontario has the might to help the Northern Communities address their future. We have dedicated people who are fighting to ensure the longevity of our area, but we need more help from the Provincial government. Tax incentive zones would create spontaneous growth. Decentralization of government services would also shift economics. Our needs are specific to the North, and as Ontario is losing people to the west, all of Ontario suffers. Northern Ontario is very vulnerable because of our geographic area and cultural diversity.

Cheers
Ray Williamson
President of the
Thunder Bay Homebuilders Association

Recipe

Osso Bucco Alla Milanese



Whitewater Golf Club Chef Pierre

Ingredients for 4 servings

- 3 ½ lbs veal shanks with bone and marrow (2" thick)
- 3 oz dry white wine
- 2 large ripe tomatoes (peeled and diced)
- 4 tablespoons of butter
- Flour
- ground pepper and salt
- chopped fresh parsley

Preparation

- lightly dredge the veal in flour, patting off excess
- melt butter in a large skillet over medium heat
- brown the veal shanks, about 5 minutes per side
- pour in the wine and continue cooking until the wine is nearly evaporated (5-10 min)
- add the tomatoes, season with salt and pepper
- turn the veal a few times to mix
- transfer to baking dish, cover and cook at 300 degrees until the meat is nearly falling off the bone (2 – 2.5 hours)
- sprinkle with chopped fresh parsley when serving

Technology *by Joe Daniele - MicroAge*

10 Tips for backing up your data



1 Determine which data is important and needs to be backed up

- ⇒ documents, email, contacts, favorites, etc
- ⇒ try to keep all your documents in one location (my documents)

2 Decide on a removable backup media

- ⇒ depends on data qty, reliability, speed, cost
- ⇒ cd, dvd, usb flash drive, dat, lto, dlt, ext hard drives, etc

3 Decide on a backup software

- ⇒ depends on data qty, reliability, speed, cost
- ⇒ simple copy and paste, backup my pc, backup exec, etc

4 Decide how often to backup your data

- ⇒ depends on data qty, data value
- ⇒ daily, weekly, monthly

5 Decide on the how often to archive your data

- ⇒ depends on data qty, data value
- ⇒ monthly, bimonthly, quarterly, semi annual, yearly

6 Create a log of your backups

- ⇒ Date / Tech / Successful / Unsuccessful / Signature

7 Store your backup and archive backup off site

- ⇒ take your backup home with you
- ⇒ store your archive tape in a safety deposit bank

8 Decide how often to restore your data to test your backup

- ⇒ depends on data value
- ⇒ monthly, bimonthly, quarterly, semi annual, yearly

9 Create a log of your restores

- ⇒ Date / Tech / Successful / Unsuccessful / Signature

10 Do your backups!

CIBPA Sponsorship Policy

DIAMANTE *DIAMOND* SPONSOR (\$5,000+)

- Exclusivity at this level by industry
- Booth (supplied by client) at our dinner events
- Logo on podium at dinner events
- Logo on dinner program
- 2 X 4 advertising banner (supplied by client) at our sporting events
- Corporate materials (supplied by client) distributed at events
- Full page advertising in all newsletters
- Guest columnist in all newsletters
- Logo on all newsletters
- Corporate top banner logo on CIBPA website
- Corporate link on CIBPA website

ORO *GOLD* SPONSOR (\$2,500 - \$4,999)

- Exclusivity at this level by industry
- 1.5 X 3 advertising banner (supplied by client) at all sporting events
- ½ Page advertising in all newsletters
- Logo on all newsletters
- Corporate gold size logo on CIBPA website
- Corporate link on CIBPA website

ARGENTO *SILVER* SPONSOR (\$1,000 – \$2,499)

- ¼ page advertising in all newsletters
- Recognition on sponsor board at sporting events
- Corporate silver size logo on CIBPA website
- Corporate link on CIBPA website

Why leave your Goals to Chance?



**Mark Piovesana, CFP, FCSI
Financial Planner**

I'm dedicated to creating personalized financial solution and providing quality advice. As part of that process, I also work with a team of experts across a range of financial disciplines. With 14 years of experience, I can implement your strategy and monitor your progress through Scotia McLeod's proven advisory process. It's a process that let's you know your goals are firmly in place.

We take a more complete look at your life for a more complete financial strategy.



Place Your Ad Here



2007 Ferrari 599

There are over
100 million websites.
Can your customers find yours?



Website design, development & hosting. Search engine optimization. Custom applications.

Sencia
www.sencia.ca

corporate web solutions

1.888.817.3707 | info@sencia.ca



Membership Privileges

Two Dinners Annually
Website links on CIBPA'S Website
Newsletters from CIBPA Thunder Bay

Fees

New Member - \$125
Renewal - \$100
New Student - \$75
Student Renewal - \$50



**Financial expertise,
advice and solutions.**

**All from where you
do business.**

RBC® Business Advisors are available to help you with your business and personal finances by phone, 6 days a week.

To find out what RBC Royal Bank® can do to put your business first, call 1-800-ROYAL® 2-0, or visit www.rbcroyalbank.com/businessadvisor

F I R S T > F O R Y O U *

*Registered trademarks of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada.



**RBC
Royal Bank**